

Catcher's Call Chart

Hitter's Stance	Hitter's Weakness	Pitch
Up in front of box	Fastball high	Fastest pitch, rise
In back of box	Breaking balls	Any breaking ball, drop
Closed Stance	Inside	Inside drop or rise, screw
Open stance	Outside	Out drop or rise, curve or curve drop or rise
Closed stride	Inside	Inside drop or rise, screw
Open Stride	Outside	Out drop or rise, curve or curve drop, rise
Stands tall, upright	Low	In drop, screw
Crouches over	High	In or out rise, curve rise
Hands held above strike zone	Low	In or out drop, curve drop, screw
Hands held low	High in	In or out rise, curve rise
Hands away from body	Inside	In drop or rise, screw
Straight left arm, long slow swing	Inside	Offspeed, jam, rise, drop, screw, change inside
Long over-stride	High	Rise in or out, rise curve, change
Hitch	High	Rise in or out, rise curve
Inside out swing	In, low	In drop, rise, screw, change
Nervous	Variety of speeds	Offspeed, use speed as waste then breaking ball
Tilted head	Inside	In rise or drop, screw ball
Swings up	High, in low	Rise in or out, drop in, screw
Lunging batter	High, mix	Rise in or out, change
LH batter with speed	Low out or high in	Drop, screw, rise, curve rise

For right-handed batters and right-handed pitchers